

# **COVID-19 Response Plan**

(Dated September 8, 2020)

The Whitby Girls Hockey Association is working in conjunction with the Town of Whitby and the OWHA to ensure that the safety of our Players, Coaches, Officials, and Volunteers are at the centre of our planning.

This document focuses on providing of safe environment for our players and volunteers as we Return to Play.

This includes but is not limited to compliance with:

- Physical distancing measures
- Health and safety regulations
- Size of permitted gatherings
- OWHA regulations, rules, policies, and procedures including but not limited to certification and screening requirements and compliance with the OWHA Insurance Guide

This is intended for use by our Players, Coaches, Officials and Administrators who all play a critical role in combating the spread of COVID-19, both on and off the ice. The WGHA will revise this document as more information is provided by the OWHA, the Town of Whitby and\or the Region of Durham Health Department.

Please read the following information BEFORE you attend your first on ice session



The WGHA has developed a COVID-19 Response Plan.

This document includes the following:

- 1. WGHA COVID-19 Oversight Group
- 2. WGHA COVID-19 Protocol
- 3. WGHA COVID-19 Communication Plan

The WGHA will coordinate with the Town of Whitby to ensure we are adhering to all facility guidelines.



## 1. WGHA COVID-19 Oversight Group

The following individuals are members of the Covid-19 Oversight Group:

- Tyler Barnett, President
- John Bridgeman, Equipment Director
- Leanne Greenwood, Director Public Relations

If you have any questions on the WGHA Covid-19 protocol please send an email to <a href="mailto:covidoversight@wgha.org">covidoversight@wgha.org</a>.



### 2. WGHA Protocol

Individuals **must not** attend any training sessions or association/team activities if they:

- Exhibit any COVID-19 symptoms, such as a fever, cough, difficulty breathing, or other symptoms identified by health experts
- Have been diagnosed with COVID-19 and have not been cleared for removal from isolation
- Have been in contact with someone with COVID-19 in the past 14 days
- Have returned from travel outside of Canada (must quarantine for 14 days at home)
- Are considered a vulnerable or at-risk individual (individuals over 70 years, weakened immune system or medical conditions such as heart disease, lung disease, cancer etc.)
- The WGHA will utilize an on-line screening tool whereby individuals are screened daily before participation in any activity. This will be provided by your team coach and/or manager and will track all participants, coaches and trainers through all activities on a session by session basis. It will be recorded and kept in order to assist with contact tracing in the event of any positive COVID-19 cases within the Association.
- Upon arrival, the designated screener for the team(s) (likely the Trainer) will conduct an on-site screening, to confirm the online form was completed.

### What to do if an individual becomes unwell:

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware
  of an individual that becomes unwell with symptoms of COVID-19, that individual
  must immediately stop participation in hockey activities.
- The individual must be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility must be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing



 A member of the WGHA COVID-19 Oversight Group will contact the OWHA President and/or Director Operations and the Town of Whitby informing them of the situation as soon as possible

#### If an individual is tested for COVID-19

- Any individual that has been tested for COVID-19 must not participate in hockey activities while waiting for the results of the test and not until a negative test result is received.
- The WGHA COVID-19 Oversight Group will consult the Session Participation tracking sheets to inform other participants who might have been in close contact with the individual
- Any association/team members who were in close contact with the individual should not participate in hockey activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals

## If an individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the association/team COVID-19 Oversight Group
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other members who may have been in close contact with the individual
- The COVID-19 Oversight Group will inform all members, who were in close contact with the individual, of a positive COVID-19 result within the hockey program setting
- Any association/team members who were in close contact with the individual should not participate in hockey activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- The association will inform and The Town of Whitby in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines. The COVID-19 Oversight Group will inform OWHA of a positive COVID-19 diagnosis by e- mailing <a href="mailto:team@owha.on.ca">team@owha.on.ca</a>



#### 3. WGHA COVID-19 COMMUNICATION PLAN

The WGHA will ensure effective communication is taking place with their membership during the Return to Hockey Stages.

The WGHA will provide updates with information to the WGHA members using the WGHA website <a href="https://www.wgha.org">www.wgha.org</a>, monthly newsletters, and through our social media accounts

Facebook - @whitbywolves

Twitter - @whitbygha

Instagram - @whitbygha

The COVID-19 Oversight Committee will be responsible for communication within the association during the Return to Hockey stages.

The WGHA will deliver information on Return to Hockey protocols and answer any questions and/or concerns from members.

Communications/documents will be stored on the WGHA website (<a href="www.wgha.org">www.wgha.org</a>) for future reference by association members.

A member of COVID-19 Oversight Group will be designated to follow up with any individuals who become unwell with symptoms of COVID-19 during hockey activities.

Both a paper and virtual storage may be used for daily Session Participation Tracking sheets and COVID-19 Health Screening Questionnaires.

If it is determined that an association/team member has tested positive for COVID-19, all association/team members that may have been in close contact with that individual will be informed as per public health guidelines.

The facility and OWHA will be informed if an association/team member is diagnosed with COVID-19.



## **WGHA Contact Tracking Sheet**

Date of Activity: Start & End Time of Activity:		Lead Person (eg. Coach\trainer):  Location of Activity:		