

The Whitby Girls Hockey Association House League program is a non-contact recreational program with the goal to give players equal ice time in a safe, developmental, and fun environment. Effective January 5, 2016, the following rules will be in place for House League Divisions Bantam and older.

- Any player that receives three penalties in the same game will be ejected for the remainder of the game. Each subsequent occurrence will incur an additional one game suspension. For example, a third occurrence will incur a three game suspension.
- Any player that receives a Game Misconduct penalty will have the occurrence reviewed by the Executive. Additional games may be added to the suspension. Subsequent occurrences may result in the player being removed from the league without reimbursement.*
- Any player with 30 or more penalty minutes will result in a one game suspension.
- Any team receiving 45 or more penalty minutes may result in the Head Coach receiving a one game suspension.
- * Where a player has been removed from the league, the player or the player's parent/guardian may appeal to the Executive within 48 hours of being notified that the player has been removed from the league.

In addition to the above, the following applies only to the Senior House League Division:

- Any player that receives 12 or more penalty minutes during any three consecutive games will receive a one game suspension.
- Any player receiving a second suspension may be removed from the league without reimbursement.* Any suspension received before January 5, 2016 will be included.
- Any team that incurs 60 penalty minutes may be removed from the league without reimbursement. Consideration will be given where those penalty minutes are with only a few players.